

TEST BANK

Essentials of Abnormal Psychology

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8th Edition

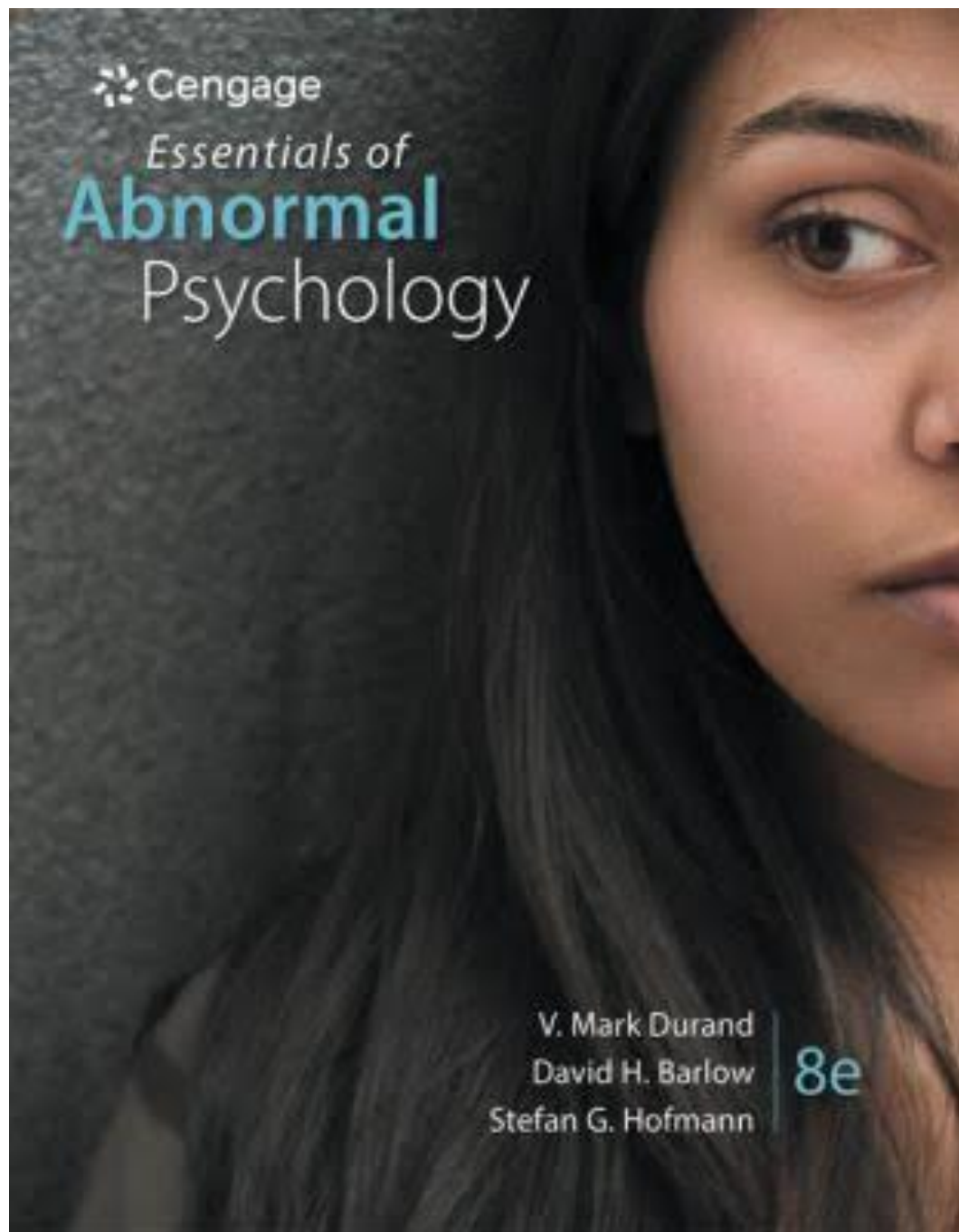


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TRUE/FALSE

1 : Catharsis is a method of exorcising demons for religious and psychological purposes.

A : true

B : false

Correct Answer : B

2 : Defense mechanisms are used to reinforce desired behaviors in operant conditioning.

A : true

B : false

Correct Answer : B

MULTIPLE CHOICE

3 : According to the authors of your textbook, the definition of a psychological disorder is associated with

A : stress.

B : impairment in functioning.

C : culturally expected responses.

D : psychotic symptoms.

Correct Answer : B

4 : A psychological dysfunction refers to

A : a breakdown in cognitive functioning.

B : a breakdown in emotional functioning.

C : a breakdown in behavioral functioning.

D : all of these are correct

Correct Answer : D

5 : Regarding the definition of abnormality, it is correct to state that

A : it is difficult to define normal and abnormal.

B : abnormality depends solely on subjective distress.

C : the definition is universal across cultures.

D : the criteria differ depending on whether the individual has a psychological disorder or a psychological dysfunction.

Correct Answer : A

6 : The criterion that a particular behavior be atypical or not culturally expected is insufficient to define abnormality because

A : behavior that occurs infrequently is considered abnormal in every culture.

B : the atypical behavior must also cause harm or impairment to be considered abnormal.

C : behaviors vary very little from one individual to another within each culture.

D : many people behave in ways that deviate from the average, but this doesn't mean that they have a disorder.

Correct Answer : D

7 : A new marine recruit at boot camp begins feeling sad and lonely. Although still able to go to classes and continue the basic training exercises, the recruit is feeling down much of the time and worries about what is happening.. Which part of the definition of abnormality applies to the recruits situation?

- A : Personal distress
- B : Cultural factors
- C : Impaired functioning
- D : Violation of societal norms

Correct Answer : A

8 : Which of the following degrees is earned by a psychiatrist?

- A : Ph.D.
- B : Ed.D.
- C : M.D.
- D : Psy.D.

Correct Answer : C

9 : Ozzy Manson is a male rocker who wears outlandish makeup and womens clothing when performing on stage. This behavior is considered

- A : more abnormal than that of an accountant who starts to do so because rockstars are supposed to be very masculine.
- B : less abnormal than that of an accountant who starts to do so because it is consistent with his professional success.
- C : more abnormal than that of an accountant who starts to do so because its less common to see a rockstar in makeup.
- D : just as abnormal as that of an accountant who starts to do so because abnormality is defined by the individual himself.

Correct Answer : B

10 : The prototype of a disorder reflects _____ as described in DSM-5.

- A : its history and prognosis
- B : its biological underpinnings
- C : The causes of pathology
- D : the typical profile and diagnostic criteria

Correct Answer : D

11 : The scientific study of psychological disorders is called

- A : psychopathology.
- B : psychoanalysis.
- C : pseudoscience.
- D : parapsychology.

Correct Answer : A

12 : Dr. Smith is interested in how separation anxiety changes over time from childhood to adolescence in the general population. What is his main field of study?

- A : Oedipal theory
- B : Behaviorism

C : Child psychopathology D : Developmental psychology

Correct Answer : D

13 : All of the following are ways in which mental health professionals might function as scientist-practitioners EXCEPT

- A : analyzing their own motivations and reasons for helping people with psychological problems.
- B : evaluating their own assessments and treatments for effectiveness.
- C : conducting research leading to new information about mental disorders and their treatments.
- D : using the most current diagnostic and treatment procedures.

Correct Answer : A

14 : Tameka, having earned her masters degree, has begun treating disorders and concentrating on family problems. Tameka is probably a(n)

- A : psychiatric social worker.
- B : family therapist.
- C : psychiatric nurse.
- D : mental health counselor.

Correct Answer : A

15 : Statistical data are often relevant when discussing psychological disorders. For example, a researcher might want to know how many new cases of depression are diagnosed each year, a figure called the _____ of the disorder.

- A : prevalence
- B : incidence
- C : recurrence
- D : ratio

Correct Answer : B

16 : Psychological disorders can be described as following a typical course or individual pattern. For example, schizophrenia follows a chronic course. On the other hand, mood disorders, including depression, follow a(n) _____ course.

- A : episodic
- B : acute
- C : cyclic
- D : insidious

Correct Answer : A

17 : If a psychological disorder is said to have an acute onset, it means that the symptoms developed

- A : suddenly.
- B : atypically.
- C : gradually.
- D : following a period of recovery.

Correct Answer : A

18 : When 20-year-old Ariel was first diagnosed with schizophrenia, her family wanted to know if

and how the disorder would progress and how it would affect her in the future. In medical terms, the family wanted to know Ariels

- A : diagnosis.
- B : prognosis.
- C : pathophysiology.
- D : disease etiology.

Correct Answer : B

19 : Etiology is:

- A : The study of the biological effects of disorders on society.
- B : The study of the origins of disorders.
- C : The study of the impact of disorder on language use.
- D : The study of the prevalence of disorders.

Correct Answer : B

20 : At various times in history, in an attempt to explain problematic, irrational behavior, humans have focused on supernatural causes that include

- A : witchcraft.
- B : demons and evil spirits.
- C : the moon and stars.
- D : all of these are correct

Correct Answer : D

21 : Until the modern era, all of these theoretical models have been used to primarily explain our behavior, thinking and emotions EXCEPT

- A : psychological
- B : biological
- C : supernatural
- D : physical

Correct Answer : B

22 : Toward the end of the 14th century and continuing into the 15th, the causes of madness were generally attributed to

- A : toxins in the blood.
- B : heredity.
- C : brain disease.
- D : demons and witches.

Correct Answer : D

23 : Which of the following accurately describes the attitudes of the Catholic Church toward mentally ill people during the turbulent political and religious events of the 14th and 15th centuries?

- A : They were considered to be suffering from inherited conditions and were cared for by members of the church communities.
- B : They were seen as possessed by evil spirits and blamed for all misfortunes.
- C : They were regarded as basically good individuals who were not responsible for their abnormal behavior.
- D : They were provided with medical treatments and sometimes hospitalized because mental

illness was regarded as e_qivalent to physical illness.

Correct Answer : B

24 : During the Middle Ages, as well as at other times, mentally ill people were sometimes forced to undergo the religious ritual called exorcism. This was in order to

A : cure the mental illness by making the individual more religious.

B : build up muscle strength and make the person healthier.

C : rid the individuals body of evil spirits.

D : prove that the person was not a witch.

Correct Answer : C

25 : Symptoms such as despair and lethargy were often identified by the medieval church with the sin of_____.

A : blasphemy or sacrilege.

B : envy or covetousness.

C : acedia or sloth.

D : gluttony or greed.

Correct Answer : C

26 : During the Middle Ages, large-scale outbreaks of large groups of people simultaneously compelled to run out in the streets while engaged in bizarre behavior was known at that time as:

A : a rave.

B : tarantism.

C : St. Michaels dance.

D : Carnival.

Correct Answer : B

27 : According to your textbook, mass hysteria may simply demonstrate the phenomenon of _____, in which the experience of an emotion spreads to those around us.

A : emotion contagion

B : viral possession

C : generalized panic disorder

D : mob mentality

Correct Answer : A

28 : Sigmund Freud proposed that many physical complaints suffered by young women

A : were a form of divine punishment.

B : reflected stress placed upon them by society.

C : resulted from the conversion of sexual fantasies into socially acceptable outlets.

D : resulted from the rise in feminism.

Correct Answer : C

29 : In ancient China, unexplained mental disorders were caused by blockages of

A : bodily fluids like blood and perspiration.

B : the humors of black and yellow bile.

C : wind that needed to flow properly.

D : hysteria caused by extreme changes in body temperature.

Correct Answer : C

30 : In the late 19th century, John P. Grey and his colleagues

A : discovered the first cure for schizophrenia

B : ironically reduced interest in treating mental patients

C : changed the field of psychological research largely into a biological science

D : created the first humane treatment facilities for mentally ill patients

Correct Answer : D

31 : DSM-5, an updated version of the Diagnostic and Statistical Manual of Mental Disorders, was published in

A : 1994.

B : 2000.

C : 2002.

D : 2013.

Correct Answer : D

32 : The authors describe an example of conditioning in which cancer patients develop a negative reaction to a variety of people and things associated with their chemotherapy treatments. The phenomenon is called

A : generalized conditioning.

B : stimulus generalization.

C : variety stimulus.

D : stimulus discrimination.

Correct Answer : B

33 : One hot and humid night, one of your friends suggests doing some really crazy things. You look up at the sky and say, It must be the full moon. Your statement reflects the concept from which the word _____ is derived.

A : lunatic

B : idiot

C : maniac

D : psychopath

Correct Answer : A

34 : Seventeenth century treatments for depression included

A : insulin shock therapy.

B : reserpine therapy.

C : hydrotherapy.

D : induced vomiting.

Correct Answer : D

35 : You are listening to old musical tunes, including My Melancholy Baby. Your friends are impressed when you tell them that melancholic, referring to a depressive personality, derives from a Greek word meaning

A : blood.

B : phlegm.

- C : yellow bile.
- D : black bile.

Correct Answer : D

36 : According to Hippocrates humoral theory, the choleric personality is

- A : hot-tempered.
- B : easygoing.
- C : kind.
- D : cheap.

Correct Answer : A

37 : Based on Hippocrates humoral theory, sanguine describes a person who is

- A : pessimistic.
- B : pale.
- C : cheerful.
- D : humorous.

Correct Answer : C

38 : Bloodletting, a treatment devised centuries ago to restore the balance of humors, was accomplished with the use of

- A : needles.
- B : leeches.
- C : tourniquets.
- D : bacteria.

Correct Answer : B

39 : In ancient Greece, a woman suffering from hysteria might be told that her condition could be cured by

- A : marriage.
- B : pregnancy.
- C : therapy.
- D : divorce.

Correct Answer : A

40 : In ancient Greece, some humoral excesses thought to be causing psychological disorders were treated by

- A : increasing or decreasing the persons exposure to heat, dryness, moisture, or cold.
- B : herbal remedies.
- C : decreasing both caloric and liquid intake.
- D : lowering the persons body temperature for extended periods of time.

Correct Answer : A

41 : In keeping with an accepted treatment for mental illness in the 14th century, a physician treating King Charles VI of France had him moved to the countryside in order to

- A : have him closer to a hospital that treated mental illness.
- B : keep him away from his family.
- C : restore the balance in his humors.

D : cure him of hysteria.

Correct Answer : C

42 : In an attempt to rid the body of the excessive humors thought to be causing psychological disorders, physicians throughout history have used treatments such as

A : bloodletting.

B : induced seizures.

C : exorcism.

D : drilling through the skull.

Correct Answer : A

43 : The concept of hysteria, which traditionally meant physical symptoms for which no organic pathology could be found, is now associated with which DSM-5 classification?

A : Anxiety disorders

B : Borderline personality disorder

C : Premenstrual symptom disorder

D : Somatic symptom disorder

Correct Answer : D

44 : The traditional tendency to stigmatize women as hysterical derived from Hippocrates concept of

A : the wandering womb.

B : an incompetent cervix.

C : penis envy.

D : pelvic dysfunction.

Correct Answer : A

45 : The term hysteria derives from the Greek hysteron, which means

A : vagina.

B : uterus.

C : penis.

D : libido.

Correct Answer : B

46 : The first significant supporting evidence for a biological cause of a mental disorder was the 19th century discovery that the psychotic disorder called general paresis was caused by the same bacterial microorganism that causes

A : malaria.

B : Alzheimers disease.

C : syphilis.

D : The common cold.

Correct Answer : C

47 : In the 19th century, John Grey, a well-known American psychiatrist, believed that mental illness was due to

A : psychological factors.

B : physical causes.